

Guidelines for Working in Anthropology Laboratories and Shared Research Spaces COVID-19 (adapted from CDC recommendations)

Record presence on lab calendar, communicate with others if coordination is needed (Microsoft Teams)

Upon entering the laboratory and/or shared space:

Avoid directly touching doorknobs, light switches with uncovered hands. We recommend paper towel.
Wash your hands often.

- [Wash your hands](#) often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Put distance between yourself and others

- Remember that some people without symptoms may be able to spread virus.
- [Stay at least 6 feet \(about 2 arms' length\) from other people.](#)

Cover your mouth and nose with a cloth face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a [cloth face cover](#) or Purdue approved disposable mask
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Plastic face shields can be used in combination with a face mask if you need to be less than 6 feet apart from another individual (e.g., for training purposes)
- Continue to keep about 6 feet between yourself and others. The face cover is not a substitute for social distancing.

Cover coughs and sneezes

- Remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Before leaving the laboratory and/or shared space:

Clean and disinfect

- Clean AND disinfect shared and [frequently touched surfaces](#) before you leave the lab. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.
- Then, use a household disinfectant. Most common EPA-registered household disinfectants will work.
- Wash your hands